

selfhelp Bill of Rights

Self-management website for people who have had a stroke www.selfhelp4stroke.org

Topic 4 Emotional Support

	I have the right to speak for myself even if I take more time
	I have the right to be listened to
	I have the right to make my own decisions
	I have the right to ask more questions
	I have the right to my own opinion
En	ter your own below